

SIBFORD SCENE  
OCTOBER 2022  
Number 447



## THREE GENERATIONS CROSS THE FINISHING LINE TOGETHER

For David Bennett, daughter Suzie and eldest grandson Henry, the 41st Great North Run from Newcastle upon Tyne to South Shields proved an enjoyable occasion. For David this was his 36th run, including 1 Virtual run in 2020, Suzie her 10th and Henry his 2nd.

It was estimated that over 50,000 runners took to the roads. The crowds, giving support from start to finish were magnificent and the weather conditions ideal.

Suzie was pleased to meet up with Eilish McColgan, who was the starter of the race, at an hotel prior to the event.

Thank you to all those in our local community who have supported us. We were pleased to raise money for MND, The Rainbow Trust and Children with Cancer UK. If anyone else would like to contribute, then please contact [dbennett77@googlemail](mailto:dbennett77@googlemail) for details.

David Bennett





## ED'S THOUGHTS

Firstly, an apology to Carol Fieldhouse who took the front over picture in our last edition called "Day Lillies" I forgot to give her the credit...

I've thought of a new section - "What we're we're listening to" and I've started with some of my favourite albums. So, dig out your old (and new) albums and send them in..... (JP - I'm looking fforward to your choice - Ed)

Cover picture of the Horti Show by Catherine Berks

### Thought for the month:

"Climb on a back that's strong  
Hey, hey, you can get what you want  
Climb on a back that's strong"

Shawn Colvin



## LETTERS AND NOTICES

### VILLAGE HALL LOTTERY!!

#### September Lottery winners:

1st prize £70 Tony our Editor!! (Hooray!!!)

2nd prize £42 Philip Hilton

3rd prize £28 Liz Kirkman



### **ROYAL BRITISH LEGION POPPY APPEAL 1922**

We shall be having our normal house-to-house collection in November prior to Remembrance Sunday. In addition there will be static collection points in both schools, pub, village shop, and the surgery. We had a very good collection from the villages last year and it would be wonderful if we could exceed it this time. The Royal British Legion has huge demands both in time and money so please support it if you can.

Thank you in anticipation  
Peter Abbott





## VILLAGE HALL NEWS

### **Quiz Night returns! Saturday 26<sup>th</sup> Nov, 6.30pm for 7pm start**

Save the date and start getting your team together for our Quiz night with legendary Quizmasters Simon Chard and Adam Leyburn. Entries are in advance only and for teams of up to 6 people. Please email your team name and number of people to Jo: [joanneconnor@rocketmail.com](mailto:joanneconnor@rocketmail.com). More details to follow in the next Scene.

### **Annual Village Hall Garden tidy-up: Sat 8<sup>th</sup> Oct, 10am-12pm**

The outside space around the Village Hall is for all of us to benefit from and it hasn't been looking its best lately. If you can spare an hour, please come along with your secateurs, trowels, edgers and loppers to help tidy up the gardens before Winter. Tea and biscuits will be provided.

### **Book Swap Saturdays: Oct 22<sup>nd</sup>, Nov 26<sup>th</sup>, Dec 17<sup>th</sup>**

Books for all ages and genres at this popular event. Come and have a drink and a chat in the Small Hall. Teas and coffees available. It's free to borrow books but donations welcome towards the Village Hall Roof fund.

### **Gardener needed**

If you are a local Gardener, we are looking to hire someone to manage the upkeep of the outside area on a semi-regular basis. If you are interested, please contact me on the email below.

### **Join our Events Team**

We are thinking about our timetable of events for the next year but need support to bring these to life. If you have a little spare time and would like to contribute to the village whilst having fun and making new friends, please contact me on the email below.

### **Book the Village Hall for your next event!**

Visit our website [www.sibfordvillagehall.org.uk](http://www.sibfordvillagehall.org.uk) to request a booking. We have preferential rates for village residents, only £10/hr (one hall); and £18/hr (both halls). Please use us for your next birthday party or community gathering. For any bookings or enquiries about bookings between Sept 30<sup>th</sup> - Oct 16<sup>th</sup>, please contact [Juliette53@btinternet.com](mailto:Juliette53@btinternet.com) directly.

Charlotte Davies: [chair@sibfordvillagehall.org.uk](mailto:chair@sibfordvillagehall.org.uk)



**The year has started well here at Sibford Gower Endowed Primary School.** The children are settling into their new classes quickly and we have all sorts of exciting learning planned for the Autumn Term. Beech Class have already discovered that we have Bog Babies on the school site and are busy communicating with them! Willow Class are finding out all about the English Civil War and the Battle of Edgehill. Oak Class are finding out about Antarctica and Ernest Shackleton's last journey.

We are hoping for a much more 'normal' year with lots of opportunities to welcome parents and carers into school to share and celebrate the achievements of our wonderful children with them. This began in the very first week of term with our after-school Spanish Club performing a play in Spanish to parents and carers. This was very well-received and extremely funny with confident performances and lots of laughing. We are busy planning other events to bring our school community together.

Autumn is beginning – always a beautiful season in our lovely school grounds. The Orchard is full of fruit which the children have been harvesting and we have held our first Apple Sale in the school playground with all proceeds destined for our friends at the Rojo Rojo Aids Orphanage in Kenya. To find out more about Rojo you can look on their website at <https://www.aid4rojo.org/>

Our Chair of Governors, Mr Paul Manthorpe, is handing over the mantle to governor Mr Alex Greenhalgh. Paul has worked as our Chair of Governors with energy, enthusiasm and good humour. Although he has a talent for being lighthearted at just the right times, Paul took this role very seriously, showing a firm commitment to ensure the best possible provision for our children. Staff appreciated his involvement in school life and his support for them and their well-being. We will all miss him. On behalf of staff and pupils, I would like to thank him for his service.

We currently have some part time vacancies at school that may well be suitable for local people who would like to join our friendly team. These include a vacancy for a dinner supervisor and an after school playworker. To find out more about these opportunities, please look on the school website at <http://www.sibford-gower.oxon.sch.uk/job-vacancies.html>

### **Nursery provision for children aged 3+**

**Although our Reception year is now full for next year, we still have nursery places available. If you have a nursery-aged child and are considering us as a setting, you are very welcome to contact the school to arrange a visit and a chat. Your child can join us at any time from the term after they are three and all 3 and 4 year olds are entitled to 15 funded hours of early education per week.**

To find out more about our nursery, please look on our school website at <http://www.sibford-gower.oxon.sch.uk/nursery-provision--admission.html>

***“From little acorns... mighty oaks do grow”***

***To find out more about our wonderful, welcoming village school and the things that are going on in each class, please take some time to visit our school website at***

***<http://www.sibford-gower.oxon.sch.uk/>***





## **50 Things to do before you are 11 $\frac{3}{4}$**

After a lovely school trip to Upton House, Sibford (Junior School) Early Years were given a great booklet challenging them to do '50 things' before they were 11  $\frac{3}{4}$ . These ranged from foraging for food in the wild to rolling down a hill. We thought they sounded brilliant and exactly the kind of things that we like to have a go at, so we got to work ticking them off.

The children have been busy making fires, exploring running barefoot, watching birds, making dens, making wild crowns and much more.

We have done a pretty good job ticking them off but the lack of a nearby coast meant some things like exploring rock pools and swimming in the sea were off the cards! Luckily, the children still have at least 6 years to finish them off. If you want to find out more check out <https://www.nationaltrust.org.uk/50-things-to-do> or the hashtag #50Things. If you want to see more of how we have been getting on with them at Sibford Early

### **VACANCIES AT SIBFORD SCHOOL**

We are recruiting to cover two vacancies which are coming up as a much-loved member of staff is moving to a full-time job close to their home. One is a combined role as a one-to-one SEN TA and a Lunchtime Supervisor. The second is an After-School Worker to work in our ASC.

For further information and an application pack, please contact Charlotte Cavaghan in the school office - [office.3005@sibford-gower.oxon.sch.uk](mailto:office.3005@sibford-gower.oxon.sch.uk).



## NATURE NOTES

At the end of August Sue Sabin photographed a newly fledged Lesser Whitethroat in her field along Woodway Road. According to the wildlife trusts the lesser whitethroat is a medium-sized warbler of dense scrub and woodland edges that arrives in the UK in April. It is a secretive bird, so is most easily located by its rattling, monotonous song. Lesser whitethroats winter in Africa; they leave our shores in September and head east around the Mediterranean, rather than through Gibraltar like most of our migrating birds.

There have been more sightings of Hedgehogs in gardens around the villages. We have been putting a few mealworms out most nights and the occasional broken egg. As the food has always gone by the morning we assume it is a hedgehog that is responsible. They can be fed on cat food but I think if we put that out it would only feed the local cats.

Humming-bird Hawk-moths have been seen quite regularly throughout August and September. We have seen them hovering around the flowers on our neighbours' white Buddleia even during heavy rain. These day-flying moths are migrants although there is some suggestion that a few may survive the winter in milder years. Colin Lamb has managed to get some good photos.

So far this year there seem to have been fewer wasps than normal in the garden although it may just be that there is no nest in the immediate vicinity.

Please send contributions for the next Nature Notes to [ajnewbold88@gmail.com](mailto:ajnewbold88@gmail.com)

Andy and Gill Newbold



## LOCAL MARKETS

Banbury - Every Thursday & Saturday. Farmers Market - 1st Friday of the month

Deddington Farmers - 4th Saturday of the month

Chipping Norton - Every Wednesday. Farmers market - 3rd Saturday of the month

Stourton Farmers - 1st Thursday of the month. 6-8pm



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**\*\* 5<sup>th</sup> Wedding Anniversary: 'Wood' \*\***

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## SIBFORD PHOTOGRAPHY CLUB

Sibford Photography Club is an informal group with a shared interest in photography. Activities include instructive presentations and regular photo topics with the resulting images presented and discussed at meetings (face to face or virtual).

At our meeting on 27th September, we discussed how to create stunning landscape images, including selecting locations and viewpoints, considering the effect of time of day, time of the year and even the tide times for coastal landscapes. We also talked about lens selection, the use of filters, and camera settings to achieve the desired result. This discussion was followed by our review of members' images on the monthly topic, "Colour".

Our next meeting will be on 25th October at 7:30 pm, when the photo topic for discussion will be "Landscape", so members will be asked to demonstrate what they've learned from the discussion at our previous meeting.

In addition to the regular meetings, we also arrange outdoor photoshoots at local nature reserves and other places of interest.

We would like to welcome more members to the club, so if you are interested in joining, please contact Colin Lamb at [colinlamb.cl@gmail.com](mailto:colinlamb.cl@gmail.com) or phone 01295 780357.

### CHURCH SERVICES

Quakers	Sibford Gower, Sunday, 10.30 am
Roman Catholic	Brailes, Saturday, 5pm; Shipston, Sunday 9am Kineton, Sunday 11am
Baptist	Hook Norton, Sunday, 10.30 am

**Coming up at Katharine House**

The arrival of autumn and winter is no reason to slow down. There are some brilliant events and plenty of ways to support our hospice in the next few months. We know that Christmas can be a busy time, so we're letting you know nice and early so you can get ahead of the game and head into the festive season with a smile. Your support helps us to keep making every moment matter for local families living with a life-limiting illness. Here are just a few things that are coming up...

**Santa Fun Run – 4 December**

Forget mince pies and mulled wine, if you truly want to feel festive this Christmas then make sure to sign up to our Santa Fun Run. This much-loved event is taking place on Sunday 4 December at Spiceball Park, Banbury, and you have a choice of the 1.5km route or the full 5km – kitted out in a stylish Santa suit, of course. Tickets are available to buy online now! [www.khh.org.uk/santa](http://www.khh.org.uk/santa)

**Schools Santa Run**

Back by popular demand! We can't wait to see the return of the Schools and Tots Santa Run. Last year, more than 10,000 tots, school pupils and staff took part in our festive fun run at school – and we'd love to make it even bigger and better this year. So if you know of a nursery, primary or secondary school who might like to take part, then let them know. [www.khh.org.uk/schoolssanta](http://www.khh.org.uk/schoolssanta)

**Lights of Love – 8 December**

We will be holding our annual Lights of Love event on Thursday 8 December at St Mary's Church, Banbury. We'd love you to join us for a special gathering where we come together to remember and celebrate the lives of those we have loved and lost. Find out more [www.khh.org.uk/lights](http://www.khh.org.uk/lights).

**RC Baker Christmas Tractor Run – 17 December**

We're thrilled to announce that the RC Baker Tractor Run will be bringing the bling once again this Christmas. On Saturday 17 December, a fleet of fairy-lit tractors will be taking a tour around local villages to spread some Christmas cheer and raise lots of money for Katharine House. Get the date in your diary now! [www.khh.org.uk/tractor](http://www.khh.org.uk/tractor)

### Advertising Rates in The Scene

The Sibford Scene is delivered to 480 homes in Sibford Gower, Sibford Ferris and Burdrop

The Prices for 1 year (10 issues) are:

Full page 125mm x 185mm £ 110

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## Yoga

**Sibford Village Hall**

**Tuesdays: Slow & Gentle**

**Yoga 9-10am**

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**9-10am**

**Chair Yoga**

**10.15 - 11.15am**

**Any enquiries to  
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# SIBFORD HISTORICAL SOCIETY

We had to postpone the visit of Steven Bruce, the Auctioneer, which was due to take place on Thursday, 15<sup>th</sup> September, considering it inappropriate during the National Period of Mourning for "Queen Elizabeth, Our Sovereign Lady of Blessed and Glorious Memory". However, Steven will be happy to give his talk at our Social Evening next February, and there will be plenty of time for people to bring their treasures for him to value.

Our next meeting will be on Thursday, 20<sup>th</sup> October; Mike Donovan will talk about 'Frank Lascelles in Sibford'. Frank Lascelles ,1875 -1934, son of the Reverend Stevens, was Pageant Master and Lord of the Manor of Sibford Gower . Mike has also owned the Manor House at Sibford Gower, and it will be an entertaining evening!

Sibford Village Hall. Doors open 7.15 p.m. Talk begins 7.30 p.m.Visitors £3 p.p. Refreshments served after the talk.

In November Dr Gillian White will be giving us her specially prepared talk on Elizabeth 1, 'The Road to the Throne'. This will be on 17<sup>th</sup> November, the very day she came to the throne, in 1558.

Diana Hughes

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## SIBFORDS WALKING GROUP

### WALKING DATES

3 October; 17 October; 31 October; 14 November

We leave the village hall on foot or by car at 10 am sharp to do a circuit of approximately 2 hours. You are advised therefore, to get to the village hall by 9.55 am latest. Often a shorter version of the walk is possible but that it is advisable to check with Sue just before

Dogs are welcome provided they are put on the lead when requested. Walking boots and poles are recommended but not compulsory. Some routes include stiles. If you would prefer a shorter walk, please contact Sue to discuss as it is sometimes possible to leave a car about halfway, so the less energetic may drop off and drive home. At the village hall, please park either on the road or on the grass field beyond the tarmac.

Please don't hesitate to ring me on 01295 780365 or email [sebannister@gmail.com](mailto:sebannister@gmail.com) if you have any queries.

Sue Bannister

### FOOTPATHS

Ian Sharp, [ian@iansharp.net](mailto:ian@iansharp.net), Lamb's Croft, Back Lane, Sibford Ferris, OX15 5RE. Tel. 01295 780790, is the footpaths warden and anyone who has a problem or complaint should contact him.



## HORTI SOCIETY

The committee was delighted to receive so many new entries to the Horti Summer Show, especially in a year where lack of rain has made things very difficult for gardeners.

Thank you to everyone who took part and to those who came to enjoy the afternoon - and stay for tea and cake and the convivial atmosphere!

Our first speaker this autumn will be Harriet Rycroft who is coming to talk to us on 12 October in the village hall on the subject of Planting pots for Winter interest and Spring Joy. The doors open at 7.00 for coffee and refreshments with a 7.30 start.

Non members always welcome £3.00.

Diana Thompson

# NORMAN NASH



## **A tribute to Norman Nash – by Patrick Nash**

My father Norman was born in 1928 in Stevenage. As a teenager in World War II he was desperately keen to join the armed forces, but the war ended before he could. He was offered a place at Cambridge University, but this was delayed as the war ended and returning officers were prioritised.

So Dad trained as an articled clerk in the City of London. He joined Roslyn Park Rugby Football Club, playing scrum half for the main team which included England and county players, later becoming Club Treasurer. He joined Hurlingham Club playing tennis, dancing and making lifelong friends.

Dad met Mum in 1952 on a plane trip. They had a whirlwind year of parties before she went to work in Singapore for two years. Dad waited and shortly after her return Mum accepted his marriage proposal.

They first lived in Putney, becoming committed congregation and choir members at St Margaret's Church. Patrick was born in 1957, Cressida in 1960 and Polly in 1963. They moved into a large house in Wimbledon that was a wreck. Mum and Dad spent 18 months creating a beautiful home.

Dad worked at his father's firm and was an exceptional accountant. From 1955, Dad led the company, growing it from 10 staff to 250. Favourite clients included Rules Restaurant, London oldest restaurant, the Post Office Engineers Union and Pans People, the memorable Top of the Pops dancers.

Dad was an entrepreneur, setting up many organisations including the Directors Wine Club. His professional highlight was his creation of a network of accountancy firms in the USA, Canada, Mexico, Brazil, Australia, Germany, France and more. Mum and Dad now travelled internationally which they loved.

Dad served on the Hurlingham Committee, was a Centre Court Steward for the Wimbledon fortnight, Chair of Calibre which provides free audiobooks and a trustee of the Royal School of Church Music.

He was an enthusiastic Grandpa to his seven grandchildren. They tell of his great enthusiasm at pouring drinks when 'the sun is over the yard arm'. He wanted to hear about their interests, work and passions and engaged in discussions on topics from Mahler to the climate crisis.

After they moved to Burdrop, Mum and he took up gliding, bought a narrow boat and cruised around almost every canal in England. They were very involved in church and village life. The roof and other fabric of Sibford church have a lot to do with Dad, as does the burial ground where he now lies.

Dad left this life peacefully at home as he and Mum always wished. We have his carers and Sibford Surgery to thank for this.

**WELCOME TO SIBFORD**

If you are new to the Sibfords and would like any advice on our village, please call Ivor Hopkyns on T: 788367 (Gower & Burdrop) or Nic Durrant T: 788865 (Ferris). We are lucky enough to have a really great village website at: [thesibfords.org.uk](http://thesibfords.org.uk)

### **History stroll around the Gower**

Following the History Walk during the Platinum Jubilee celebrations I have been asked if I could do it again for anyone who was unable to join us then and would still like to learn a little more about the village in which we live. If you would like to join us, please meet at the Wykham Arms car park at 10.30 am on Wednesday 26 October. It will be a gentle stroll around the village and will take about an hour and a half (weather permitting.)

Further details from Maureen Hicks – 780259.



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## In Your Garden - October

Autumn is on the way, so we shall start with the most urgent job.

1. If you have a greenhouse it needs to be made ready for the winter, now! Take out all the plants, clear out any mess - broken pots, used seed packets, old Crunchie wrappers, disgusting old coffee mugs - you know the sort of thing. Brush out all the shelves, particularly underneath, where the spiders and their friends will be loitering. Give the glass a good hard squirting with the hose, or if you are full of energy, clean the windows by hand. Let it all dry out for an hour or two, then, if you are going to line it with bubble wrap, get a friend to help you. It is so much easier with two of you. Right, that's the hardest job done. Hurray! Coffee and chocolate biscuits needed.
2. The flower borders need tidying up. No need to cut everything down, as you want to leave seed heads on for the birds, and salvias and penstemons withstand frost better if you leave their foliage on. Dig out any weeds.
3. Rake up all the fallen leaves and put them in the compost heap. If you have a pond, it is best to tightly spread netting over it, to stop it getting filled with leaves.
4. Heating the greenhouse is probably going to be too expensive this year, so think about using all your windowsills, in the house, in the garage or garden shed. Trim foliage back a bit, and plants will need less watering too.
5. Hurry up and get your bulbs planted, but remember to do tulips in November, and plant them as deeply as possible.
6. October is one of the best months to plant new roses, hedges and trees. Keep them well watered, so that the roots can spread out, then come the spring they will hurry to put on new growth.
7. When the borders have been tidied up, it is the right time to revive them - they have worked hard, and need reviving. Top dress with manure, compost, leaf mould - whatever you have. All plants, like us, need a little tonic - ah ha! Is it time for drinkies yet....No?...



## In Your Garden - October

Cont'd

8. The first frost will blacken the dahlias. If you prefer to leave them in all winter they must have a deep heap of mulch, wood chips, bracken etc put over them, to stop them being killed off. The more tender ones can be dug up, cleaned, turned upside down to dry out, then stored away, either in dry soil, or sand, and put away in a large box or tub in a frost free place. I actually snuggle mine down with an old dog towel as well.

9. Dig up your potatoes and carrots and store them away, then dig over that patch they were on. Your leeks should be thickening up by now. Those three veggies can keep you going with hot soup all through the winter. Indispensable.

10. It is harvest time, and although some apples and pears are rather small this year, it is a heavy crop. Gather them in, and store them away, or freeze apple sauce, stew them, bake them, put them in a pie, and make irresistible apple strudels. Yes! With ice cream on top. What ever happens to us all this winter, I hope you stay warm.

Jupe Hitching



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## DID YOU KNOW?

### **Leslie Baily continued - Amateur film making at Sibford School in 1949**

Since the production of Leslie Baily's first film about Sibford School in 1928, The Old Elm at the Ferris crossroads witnessed the many changes that followed the opening of the new school buildings on the Hill site adjacent to the old Sibford Manor school buildings. The school expanded and the new buildings were opened by Dame Elizabeth Cadbury in 1930. It was on this site, now known as the Main School, that all future building projects would eventually take place, including several boarding houses, the science block, the dining hall, sports hall, swimming pool and an art and music building.

While living in Sibford and being very active in the Old Scholars Association, some twenty years later, in 1949, a whole new film called 'The Sibford Story' was written and produced by the same directors, Braithwaite-Morland and Leslie Baily. Their new and complete film included some of the most interesting scenes from the 1928 production but these were woven into a new texture. The film spans the one hundred years' history of the Quaker boarding school reflecting the vast social changes in England – from the horse to the tractor, from Victorian segregation to modern co-education, from the three R's to music and the arts, to changes in manners, methods and the manifold activities offered by the school. The more modern scenes filmed in 1948 are even in colour.

Once again, the film was very well received. The directors and actors were congratulated and received excellent reviews in the National Press. Not only had they made a successful film, they had also provided a valuable historical record of life at Sibford School from 1842 to 1949.

Now in 2022, 180 years after its opening, Sibford School currently provides education for children from 3-18 years of age. While much has changed those original values and Quaker ethos still remain at the heart of life within the school.

This concludes my series of articles about Leslie Baily – a Sibford School scholar, broadcaster, writer, film maker and historian who researched much of our village history while he lived in Sibford Gower during the 1940's and 1950's.

*Maureen Hicks*



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## FRIENDSHIP CLUB

Anyone aged over 55 who wants to spend a couple of hours with friends and neighbours over a cup of tea and a piece of cake, perhaps a game or two? come along to Sibford Village Hall on the 1st Tuesday of the month 2-4 first visit £1-00.

On Sept 6th we had a wonderful afternoon tea.

Thank you Vicky once again.

Oct 4th we welcome Troy again with some more VERY competitive games.

Also in Oct a member will celebrate a 90th Birthday

HAPPY BIRTHDAY Gladys.

Evey Boughton

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# HOLY TRINITY CHURCH CHATTER

8<sup>th</sup> October Photographic exhibition in church

12<sup>th</sup> November Wine tasting & gameshow evening in the village hall (Tickets are limited in number so look out during October for how to get them, details will be put on the Sibfords website)

3<sup>rd</sup> December Christmas fayre & Christmas tree festival

9<sup>th</sup> December Gospel Bell concert in church

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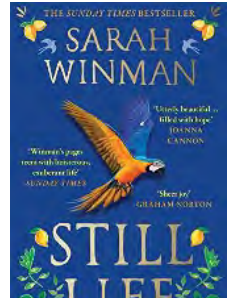
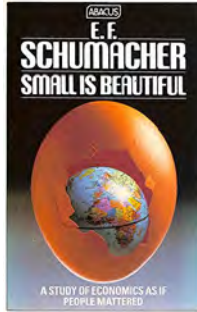
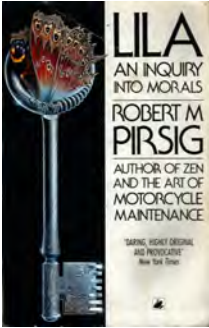
We are also looking for a HGV maintenance technician to work within our onsite workshop. The job entails carrying out any repairs that are need to our fleet and carrying out maintenance inspections at regular intervals inline with the guidelines.

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# WHAT WE'RE READING.....



# WHAT WE'RE LISTENING TO.....





## FUN CORNER

The Prime Minister held a meeting with her cabinet today. She also spoke to the bookcase and argued with the chest of drawers"

How many politicians does it take to change a light bulb? Two. One to change it, and another one to change it back again"

What's the difference between the government and the Mafia? One of them is organised"

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# SIBFORD BUS SERVICE

## Bus 75 - Timetable from 25 July 2022

Leave Sibford Ferris to Banbury: 06:56, 08:37, 11:09, 13:59, 17:31 (Sat only)

Leave from Banbury for Sibford: 11:35 (Sat), 11:40 (Mon-Fri), 14:35, 17:40

Leave Sibford Ferris to Stratford: 11:58 (Sat), 12:02 (Mon-Fri), 14:53, 17:58

Leave from Stratford for Sibford: 06:02, 07:30 (Mon-Fri), 07:54 (Sat), 10:15, 13:15, 16:38 (Sat only)

No service on Sundays or Bank Holidays.

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## HOLY TRINITY CHURCH

**“Do not worry about anything, but in everything, by prayer and petition, with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”**

(Philippians 4:6-7)

Dear friends,

Over my almost 20 years of ministry one the areas of the Christian faith I've been asked about the most is prayer: What is it? How do I do it? What difference does it make? Questions which we all might have had at some time in our lives. What all these questions acknowledge, however, is that our lives, individually and together, are made up of much more than just the physical things that we are and do. As people we all of course have a physical body, we exist, we have fingerprints. But aren't we more than just the way we look on the outside?

Acknowledging that we are more than just a physical body is, I would suggest, the beginning of an awareness that the continued formation of our spiritual wellbeing is also an integral part of who we are. Some of us might do a lot to look after our physical health: we might try to eat more vegetables or we might even try to do more exercise, these are physical things that it's been proven also help our mental wellbeing. But how often do we make intentional space and time to look after our spiritual wellbeing?

Making space and time individually and together as a community to look after our spiritually wellbeing is I would suggest an important part of our lives.

Whatever you might do for your spiritual wellbeing, it will be worth it, because as St Paul says in his letter to the Philippians, 'the peace of God... will guard your hearts and minds'.

I shall be leading our Remembrance Day Sunday service at the church in Sibford on Sunday 13<sup>th</sup> November.

**They grow not old, as we that are left grow old: Age shall not weary them, nor years condemn. At the going down of the sun and in the morning we Will remember them.**

Love & prayers Revd Neil



## CALENDAR OF EVENTS

### OCTOBER

- 4th - Friendship Club meeting - Village Hall - 2pm
- 7th - Mens Brunch - Sun Inn - 1130am
- 5th - Ladies Coffee Club - Wykham Arms - 11am
- 8th - Photographic competition - Church 10am
- 12th - Hortii Society meeting - Village Hall - 7.30pm
- 20th - Sibford Historical Society meeting - Village Hall - 7.30pm
- 22nd - Book Swap Cafe - Village Hall - 10am
- 25th - Sibford Photography Club meeting - Village Hall - 7.30pm

### OCTOBER BIN COLLECTIONS

Green                      Tuesday: 11th; 25th  
Blue/Brown              Tuesday: 4th; 18th

Unwanted clothing and shoes may be recycled anytime at the Textiles/  
Recycling Bank at Sibford School Swimming Pool. Bottle banks at Sibford Ferris:  
Elm crossroads and Sibford Gower: Wykham Arms car park.

SIBFORD SCENE  
DEADLINE FOR NOVEMBER ISSUE -  
**12 NOON - 18th OCTOBER 2022**

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