

SIBFORD SCENE

November 2017

No 397



Pippa Guy - Senior Bartender at the Savoy (see page 15)

SIBFORD VILLAGE HALL 60th BIRTHDAY CELEBRATION

11th November - Village Hall - 2pm

SIBFORD SCHOOL OPEN MORNING

Sibford School - 9.45am

SIBFORD GOWER PRIMARY SCHOOL CHRISTMAS FAYRE

23rd November - Village Hall - 12-7pm

FILM NIGHT

29th November - "My Cousin Rachel" - Village Hall - 7.30pm



ED'S THOUGHTS

Many villagers will be sad to learn about the passing of **Arnold Lamb**, such a familiar and well-loved figure in the Sibfords he will be sadly missed by many. A regular contributor to this magazine with his wise words in our Nature Notes column, he entertained readers for many years with his knowledge of nature and the Oxfordshire countryside.

Arnold's son Adrian's words about his Dad are featured on page 3.

I'd like to welcome **Diana Thompson**, our new Horti Society contributor - I'm sure with her extensive horti knowledge, she will bring a bit of 'frisson' to our village magazine!

Thought for the month:

"Let's face the music and dance"

Irving Berlin

LETTERS AND NOTICES

Horse Owners Please Be Aware!

Please take extra care when riding along **Woodway Road** in Sibford Ferris.

Two young Oxford Sandy and Black gilts (weaners) will be arriving sometime after Oct 23rd, as part of my smallholding project at The Brambles. The pig sty can be seen from the road through an opening in the hedge approximately 500m, on the left-hand side if travelling from the village to Temple Mill. I urge horse owners to please check out this location.

These pigs will be contained inside an electric fence which will be switched on permanently. They will reach adulthood next summer when, hopefully they will produce piglets of their own and sausages for me.

Sue Sabin. sue5595@aol.com, 07891249526

LETTERS AND NOTICES

continued.....

THINKING OF TRIMMING SOME TREES?

Here is a gentle reminder: If your property lies within the village Conservation Area, you must give Cherwell DC six weeks notice before carrying out work on a tree whose trunk has a diameter of more than 75mm at a height of 1.5m above ground level (or more than 100mm if reducing the number of trees to benefit the growth of other trees).

Even if you are not in the Conservation Area, you must give notice if the tree is subject to a Tree Preservation Order (TPO); you should have been told about existing TPOs when you purchased the property.

There is more information at <https://www.cherwell.gov.uk/info/7/environment/281/trees-in-conservation-areas>.

Tim Huckvale

SIBFORD ART GROUP

would like to thank everybody who came to view the Exhibition at the Village Hall. We enjoyed putting it on immensely, and it was good to see such interest. We would like to thank Nigel Fletcher for all his encouragement and guidance and help in putting on the Exhibition.

Ginny Bennett

LADIES COFFEE GET TOGETHER

November 1st. 11.00am at the Whykam Arms. Ladies coffee get-together our answer to the Men's Breakfast. The first Wednesday of every month. Just turn up!

Joan Broady

ARNOLD LAMB

Arnold Lamb, Born 31/3/1929 Died 10/10/2017

Arnold lived in Sibford Ferris for more than 80 of his 88 years and contributed the Nature Notes to the Sibford Scene for a couple of issues short of 30 years, having started them in 1987. Arnold and his wife Ina, were instrumental in setting up Sibford Table Tennis Club and ran the junior practise nights until they were both in their 70's. Having spent his working life at Grounds Farm, well out of the village, he is probably most remembered for, in his retirement, walking around the village always wearing his flat cap. The family would like to give heartfelt thanks for all the lovely memories and tributes they have received.

A poem read out at Arnold's Memorial Service

The stories and the jokes we heard.
We'd heard them all before
but we will somehow miss them
now they'll be heard no more

The kindly talk of wildlife,
of creatures great and small,
of fox and stoat and badger.
It's remembered by us all

His quietness in meeting.
You would not think of him there,
yet his reassuring presence,
helped us with our prayer.

Climbing in the mountains,
walking in the vale
Arnold always loved it,
despite a howling gale

Touring round on tandem,
With Ina in the rear.
Arnold knows which way to go,
So he's the one to steer

Garden laid out neatly,
carrots in a row.
Arnold's got green fingers,
So they will surely grow

Tomatoes in the greenhouse,
Strawb'ries on the ground.
Produce, fresh and tasty,
There's loads to go around

The spinning serve, the backhand flick,
we missed them in our game.
Now that Arnold's left us,
we'll miss them once again

So if in Heaven you're challenged,
by a man with spinning serves.
Just make sure you give him,
the respect that he deserves

David Lamb

VILLAGE HALL NEWS

FILM NIGHT

On November 29th we are showing "My Cousin Rachel". Daphne Du Maurier`s novel from 1951 is a dark romance set in Cornwall. This film adaptation tells the story of a young Englishman who plots revenge against his mysterious, beautiful cousin ,believing that she murdered his guardian. He finds himself falling under the spell of her charms.Rachel Weisz stars as Rachel,Iaian Glen as Nick Kendall and Holiday Grainger as Louise Kendall .PG13 . Entry £2 [adults] £1 [students].

QUIZ NIGHT

The Quiz Night we now hope to hold in JANUARY . More details next month.This will give you more time to do your homework.

CEILIDH

This is to be held on December 9th. More details to come next month.

HEALTH AND SAFETY

Please be aware that the equipment in the small play area is only suitable for children 5 years and under. It belongs to the Tots and Babes Group and whilst they look after it, they do not want the equipment to get damaged.

BOOKING CONTACT If you want to book the hall or need information about a booking please contact Ginny on 01295 780373 or via thesibfords.org web site.

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NATURE NOTES

With the fairly wet and relatively mild late Summer weather this year looks as if it will be good for fungi. If you are confident with their identification there are some very tasty edible species. However the consequences of making a mistake can be disastrous. The species you are perhaps most likely to come unstuck with is the Yellow-staining Mushroom which looks rather like an ordinary Field Mushroom but a bit chunkier in appearance and the base of the stipe (stalk) turns bright yellow when cut. If eaten it can cause coma, vomiting or diarrhoea. This is normally followed by complete recovery in a few days.

The numbers of both Blackbirds and Robins in our gardens are likely to increase as birds migrating from northern Europe join the resident populations. Blackbirds and other members of the thrush family will feed on windfall apples so it is worth leaving some on the ground rather than clearing them all away.

Also look out for flocks of goldfinches and linnets feeding on the seed heads of plants such as teasel and thistles. In recent weeks we have had one or two goldfinches visiting the bird feeders in the garden to feed on black sunflower seeds. This has been a welcome addition to the more usual birds visiting the feeders.

Another winter visitor to look out for is the Siskin. The siskin is a small, lively finch, which is smaller than a greenfinch. It has a distinctly forked tail and a long narrow bill.

As always we would welcome any observations for inclusion in the Nature notes and would be particularly interested if anyone has seen any hedgehogs in the area this year. ajnewbold88@gmail.com.

Andy and Gill Newbold





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DID YOU KNOW?

The Cistercian Order of Monks – 1194-1349

A monastic order, the Cistercians, or White Monks, were to be found for a period of about 150 years (1194-1349) living on the border between Swalcliffe and Sibford Ferris. Holwell Grange, which was a satellite Grange of Bruern Abbey near Shipton-under Wychwood. Holwell Grange comprised a chapel, farm, and living quarters for a small community of monks. A spring gushed from a rocky outcrop on the site and this is the source of the River Stour and was the monks' water-supply. It fed a large stone-lined pool where the monks bred fish for the kitchen.

In the 14th century, the Cistercians fell on thin times and borrowed money from a landowner at Shipton-under-Wychwood. When the monks failed to repay, the angry moneylender raided the Grange and carried off horses, sheep and cows. In 1349, the country was ravaged by the Black Death and this, and the scarcity of hired labour for farming, led the Cistercians to withdraw from Holwell Grange and to lease out its lands.

WELCOME

WELCOME TO SIBFORD

If you are new to the Sibfords and would like a 'Welcome to Sibford' booklet, providing details of village services and activities, please call Ivor Hopkyns on T: 788367 (Gower & Burdrop) or Nic Durrant T: 788865 (Ferris). And don't forget that we are lucky enough to have a really great village website too at: thesibfords.org.uk

Photo from Bill Crabtree...



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MILLENNIUM FIELD

Millennium Field Report: First Year 2016-7

As the first season draws to a close we report on its maintenance, and intend to do so in September each year. The maintenance season runs from September, as most jobs need to be done in the autumn or winter.

In the first year 2016-7 our aim was to follow as closely as possible the regime instituted by Paul Hobson, with the intention of maintaining a wild meadow and mown paths for walkers. The jobs carried out by David Lovesey were a fortnightly mowing of paths during the growing season and an annual autumn cutting of the boundary hedges. The cost of this in the first year was £1110, paid by the PC with a 50% grant from Town Estates (the PC can reclaim VAT); David is willing to continue at the same price. At least one uprooted tree has been replanted by voluntary labour.

At the end of the first year a survey of the Field suggested that in addition at the end of each season the grass of the whole area should be cut to a length of approx. 4 inches. This is in accordance with the guidelines of the Royal Horticultural Society, and will destroy the seedlings and rootlings of ash, cherry and sloe that have appeared. Once that is done it could also be necessary to strim round the smaller trees so as to free them from invasive grass and weeds, and to engage in some spot weeding of perennial weeds by voluntary labour.

David estimates mowing the central area is a day's work at £240. He has already carried out this work. Removal of grass cuttings would cost at least double in addition, but David does not think this necessary, as it is not a wild flower meadow.

The cost of maintenance for next year will be up to £1400.

Future work

In future years it may be necessary to remove some overcrowded trees and raise the canopy of others, probably eliminate some of the garden shrubs that are not trees, and fill a few gaps where trees have failed to survive. We suggest consulting Batsford Arboretum before tackling this.

Long-term maintenance

We suggest inviting villagers either to adopt a tree and look after it or to donate one, in memory of loved ones. We are preparing a list of suitable trees in relation to those already planted.

Sue Bannister & Oswyn Murray



SIBFORDS WALKING GROUP

Forthcoming Walks:

13 November; 27 November; 11 December; 8 January; 22 January; 5 February

Leaving the village hall on foot or by car at 10.00 am sharp to do a circuit of approximately 2 hours' duration. Dogs welcome provided they are put on leads when requested. Walking boots and poles recommended but not compulsory. (Some routes include stiles).

Walkers should either park on the road or on the grass field at the village hall and not on the tarmac area which is reserved for the painting class.

All those who walk on 11 December are invited to Carter's Yard for lunch after the walk. It would help with catering if lunch participants could let Sue know they will be joining the group for lunch as well as the walk.

All welcome. Enquiries to Sue Bannister
T: 780365 or E: sebannister@gmail.com

Please notify Sue, village footpaths warden, if you discover things that need repairing or cutting back on the footpaths within the Sibfords' parishes



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In July 1936 right-wing army officers staged a coup against the democratically elected government of Spain, prompting a three-year civil war. More than half a million died, the majority civilians, and the conflict became a tragic precursor to World War II.

On Thursday, 21st September Oxford Historian Liz Woolley gave a talk to the Sibfords Society on how the people of Oxford responded to the Spanish Civil War. More than thirty went to Spain to fight the fascists or to work as doctors and nurses, while thousands worked at home to raise funds and awareness and support for Republican Spain, and others welcomed hundreds of Basque refugees who had fled to Britain to escape the fighting. 'Town and gown' were united in a way never seen before.

Liz is the co-author of a meticulously researched book on many of these people, and after summarising the cause and progress of the conflict, she showed glimpses of their lives and in some cases, deaths. The book is called 'No Other Way' and we have a copy which you can borrow from our Archive Room. If you missed Liz Woolley's talk there is a chance to hear it on 12th December in Chipping Norton.

On November 16th we are looking forward to welcoming back to Sibford Dr Richard Buckley, Co- Director of Leicester University Archaeological Services, who will continue the story of Richard III – the subsequent excavations at Grey Friars Church, and the Interment at Leicester Cathedral. The talk is free to members, £8 for visitors, who are recommended to buy tickets in advance from Diana Hughes : 780506.

As always, the Sibfords Society meets at Sibford Village Hall. Doors open 7.45p.m. Talk begins 8 p.m.

Diana Hughes

Picture by Mike Spring



Christmas Fayre

Celebrate the start of the Christmas season in style at Sibford School's annual festive fayre.

Organised by parents of pupils at the school, the fayre will feature a host of art, craft, and food stalls. For the younger visitors there will be pocket money toys, games and, of course, the chance to visit Santa.

The Christmas Fayre takes place at Sibford School, Sibford Ferris, Banbury OX15 5QL between 2pm and 5.30pm on Friday 1 December.



Celebrating core values!

Pupils at Sibford Junior School celebrated core values when they held a special apple extravaganza!

Edward Rossiter, head of Sibford Junior School explained: "The children showed their initiative by using the bumper crop of apples from our orchard to hold a charity Apple Day.

"They planned and ran their own fundraising stalls which ranged from selling refreshments such as Toffee Apples and Apple Cake, through to games such as Apple Bobbing, Apple Bowling and even Apple Cricket!

"Parents and pupils from our Senior School came along to support the event and helped the children raise more than £400.

"The pupils on our school council then met to decide which charities would benefit from the windfall and it was agreed to share it between World Horse Welfare, The Joseph Rowntree Foundation and The British Red Cross."



Sibford School
www.sibfordschool.co.uk

175
Anniversary
1842-2017

Whole School Open Morning

Monday 13 November
at 9.45am

Entry Days 24/25 January 2018 Scholarships available

Sibford School, OX15 5QL

SIBFORD GOWER PRIMARY SCHOOL NEWS

We have had a half-term full of organised activity here at Sibford Gower Endowed Primary School. In particular, we have been thinking hard about lunchtime: how to make lunchtimes fun and ensure that children of all ages are happy, safe, active and engaged.

Our P.E coordinator, Miss Grantham, has organised a new group of pupil Sports Leaders whose job it is to organise and run inclusive sports-based activities for children in the school playground at lunchtimes. They are doing a fantastic job, showing great team spirit and responsibility, and being very nurturing towards our younger children.

We have also organised lunchtime Craft Leaders, who run lunchtime activities of a more artistic nature, whether it is colouring, collaging, chalking or painting with water. Again, this is good fun and an excellent way of encouraging the children to socialise and work together.

We have bought some special digging tools for little hands and dedicated one of our playground raised beds as an 'excavation' site for Acorn and Beech children. Hands then need to be washed, but it is a brilliant way to encourage the children to play together at lunch time, doing something they love, whilst exploring, discovering, sharing and negotiating.



We have also introduced Big Field Thursday for our Willow, Maple & Oak class children. Each Thursday lunchtime, they are taken over to the Big Field where they can play football using the new goal posts bought by our fabulous PTA or just spread out and run! We are incredibly lucky to have such a beautiful, versatile and extensive school site. This term, we are definitely making the most of it.

To find out more about the school and all the wonderful things that go on here, please take a look at our school website at www.sibford-gower.oxon.sch.uk

Jane O'Sullivan (Headteacher)

SIBFORD'S GOT TALENT

PIPPA GUY

Pippa Guy is the younger daughter of long term Sibford Ferris residents Maggie and Chris Guy. Pip has been working at The Savoy's world famous American Bar for the past two years but was recently promoted to Senior Bar Tender, the first woman in this role for 100 years.

She started bar tending while at Leeds University studying Sports and Exercise Science. After graduating and a gap year she returned to Leeds to manage a cocktail bar before being offered a job at The Savoy

How does it feel to be the first woman in your role at the Savoy for 100 years?

It's a little overwhelming, the amount of love, support and the kind words I have received in the past few weeks. For me very little has changed in reality, I love my job in the exact same way that I have for the past two years since arriving at the Savoy. I love to push myself and its just making me more determined to be the best I can possibly be.

What's your favourite drink to make?

I love making The Moonwalk. It was sent to Neil Armstrong and the astronauts of the Apollo 11 mission and was the first thing they drank upon arrival back to earth. We still have the letter from Armstrong, thanking our ex bartender Joe Gilmore, who created the drink. I just think this is such an amazing example of hospitality; its everything I came into the business for... creativity, history, science and passion.

What drink do you order at a bar when you're on the other side? And why?

It depends where I am and who I'm with; I love Gin so my 'go to' drinks are normally a Gimlet or a Martinez. I'm also quite a fan of Mezcal or Blended whiskies.

SIBFORD'S GOT TALENT

continued.....

Can you provide us with five top tips for drinks making, or the secrets to crafting a particularly good drink?

A drink can be so much more than a drink; making it an experience for your guest changes everything.

1 - Start with a warm welcome. Acknowledging your guest and greeting with warmth immediately relaxes them into their environment.

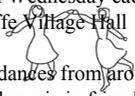
2 - Listen. Your guest will always give away a lot more information than they know about what they like to drink. Listen to what they are saying about their likes and dislikes and you can soon lead them to drinks they may have never tried before that will relate to their palate.

3 - Practice. Stirring, shaking, pouring, everything! Practice at home when you have a few spare minutes. I was told to practice my shake using rice at home; it makes a lot of noise so you can get used to listening to the rhythm. Being behind the bar is like playing sport; the more efficient you can get your movements, the less exhausted you will be at the end of a busy shift!

4 - Smile... they're contagious!

World Dance group in Swalcliffe

Second Wednesday each month
Swalcliffe Village Hall 7.30-9pm

Learn folk dances from around the world to beautiful music in friendly company. No partner needed or experience necessary, as each dance is patiently taught before the music starts.

There is no need to book, just turn up with £5 in your pocket and have some fun.

Contact Tracy 780710 or tracylean@gmail.com.



NEWS FROM KATHERINE HOUSE

SANTA DASH AND CHRISTMAS TRAIL SUNDAY 26 NOVEMBER, PEOPLE'S PARK, BANBURY

Join us at People's Park in Banbury on Sunday 26 November for the festive fun and raise money for people facing life-limiting illness.

Get your free Santa suits and take part in a jolly jog or winter walk after a Rockin' Robin warm up! People's Park will be in full festive spirit with a brass band, music from Radio Horton, and hot drinks for all taking part. This year there's also the Christmas Trail - a children's treasure hunt for our younger supporters. Tickets are £15 for adults, £8 for children, and £40 for a family (2 adults & 2 children).

Plus: join our procession of Santas at 4pm in to the town for the Banbury Christmas lights switch on. Please sign up today to join the fun and help people in our community facing life-limiting illness.

JOIN THE BIG GET TOGETHER FOR KATHARINE HOUSE

It's an opportunity to get together with your friends or family and have some fun and one of the easiest ways to raise money for Katharine House.

Hospices across the South East have joined forces to invite you to be part of The Big Get Together during October; all you have to do is ask your guests to make a donation that will go straight towards providing hospice care in your local community. You could hold a bonfire party in November; a Christmas themed soiree in December or a New Year Get Together in January! You can be as sophisticated or as silly as you like! Sign up today and start planning your event! For more information, visit www.khh.org.uk/bgt

LIGHTS OF LOVE

You are warmly invited to our services in Banbury and Brackley to come together with other members of our community to remember loved ones who are no longer with us. You are most welcome to dedicate a light on the Christmas tree and leave a handwritten message in one of our books of remembrance – please visit www.khh.org.uk/lights to do so.

Led by the hospice chaplain, a special part of the service is the blessing of the books of remembrance which this year will contain your personal handwritten messages. Our Lights of Love events are open to everyone, but if you are unable to attend in person you can still dedicate a light and your message will be displayed in the books of remembrance at your chosen service.

Lights of Love Banbury – St Mary's Church, Thursday 30 November, 7.15pm
Lights of Love Brackley – St Peter's Church, Wednesday 6 December, 7.30pm



HELLO FROM THAILAND

Since I last wrote to you we have been kept busy with School 4 days a week and also English camps that's a weekend of teaching English to Students from the age of 5 to 17 year's old but not all together. We have done 5 weekend's and one at our School Fapanang where we did 2 school days , there are about 6 of us but usually we are the only native speakers but on our last weekend we had an Australian, American, South African and another English person. It's all good fun but tiring, so we were pleased to have a week's holiday in Chiang Mai it was a long way to drive as Google said it was 10 hours and 9 minutes but it took us 11 hours to get there if we had flown it would have been one hour , but we were independent so we managed to see all the places we wanted to we went to see the Elephants then we went to see a Temple which was beautiful and sat in the valley we also went to Doi Inthanon that's the highest Mountain in Thailand at midday it was only 16c so ok for us but it was cold for the Thai people and last we visited the Queens Botanical Gardens but I am afraid we are spoilt in the Uk for gardens . So we had another ten hour journey back but we had some very heavy rain so that slowed us up but we got back safely and we now have three weeks off as its school holidays till the 1st of November when we start again with school We have one English camp to do before then and that's on the 31st October then we start again with camps in November as we have two weekends in a row booked.

I hope you have been into church as there are some Photos of the oven and items we bought with the money that you raised at the April coffee morning and also some pictures of the Children and 20 thank you letters written by them. So once again thank you very much as they really enjoy cooking.

Ann & Robin Spicer

YOGA

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HORTI SOCIETY

After the minutes of the AGM were read out and ratified, guest speaker Val Bourne started the autumn 2017 season by talking to a packed hall on the subject of 'A living Jigsaw'. In a nutshell she urged us to use as little chemical spray as possible to kill aphids, slugs and the like as this reduced biodiversity in the garden. We should be encouraging a natural ecosystem which will keep itself in balance, and wherever possible should use RHS certified disease resistant plants.

A vote of thanks was also given to Jupe MARSHALL who retires from being a committee member. Her replacement is still being sought. Anyone interested, please contact Gil Soden.

Diana Thompson

In Your Garden - November

The seasons are drawing to a close, leaves are falling, apples are dropping, logs need splitting, - the clocks are going back - and there is still plenty to do in the garden! No. You can't sit down yet.

1. Protect tender plants from frost. Bring them into a greenhouse, shed, a porch or a cold frame; don't water them much, as cold and wet is what kills them off. You can wrap them up in bubblewrap, and put them under the staging, or in a frostproof place.
2. Check supports and ties, particularly on roses, to prevent wind rock.
3. Plant bare rooted trees and shrubs now.
4. Plant up pots and tubs for spring colour, using tulips, wallflowers, bellis perennis and viiolas.
5. Dead head penstemons, but don't cut them back until the spring.
6. After the frost has blackened them, lift dahlia tubers, wash them very thoroughly, let them dry off, then store them in a frostproof place covered with dry compost. Make sure you have washed out all the little slugs who may be hiding in them.
7. Clear fallen leaves and compost them, but do not use any that have fallen off roses with blackspot. Bin those.
8. Cut back some leaves around hellebores, to see the emerging flower buds.
9. When planting tulips in flowerbeds plant them as deeply as you can, and sit them on a layer of grit or gravel.
10. Bonfire Night. Mulled wine - yummy. But please check for hedgehogs who may be slumbering there, before you strike a match.

Jupe Marshall

LOCAL NEWS

If villagers do not know, the owners of the Bishop Blaize (aka Pheasant Plucker Inn) have lodged a planning application for change of use from A4 Public House to that of C3 Residential Use. The application reference is: 17/01981/F

SHIPSTON ON STOUR ROTARY CLUB Rotary Victorian Evening -1st December 2017

Our Rotary Victorian Evening, now in its 20th year, is taking place on Friday 1st December providing a Pre-Christmas fun evening for all the family and presenting a golden opportunity to showcase our wonderful Town Centre and to get families in the right spirit for Christmas celebrations.

The Rotary Tree of Life will glow throughout the festive season, each bulb sponsored in memory of a departed loved one: every donation is represented by a bulb.

There will be over 40 Festive stalls, music and entertainment for the children, and of course SANTA'S GROTTTO !

All proceeds from the Rotary Victorian Evening go straight to charity and other local good causes.

LOCAL MARKETS

Banbury - Every Thursday & Saturday.
Farmers Market - 1st Friday of the month

Chipping Norton - Every Wednesday

Chipping Norton Farmers - 3rd Saturday
of the month

Deddington Farmers - 4th Saturday of
the month

Great Rollright - 1st Saturday of the
month



FRIENDSHIP CLUB

I have to report that Alf and Joan Mullis are leaving the Club and Village due to ill health and their new home is in Adderbury. The Club will miss them both - Alf with his Naval stories and Joan for her sense of fun.

As I write this we have just had an afternoon of playing Boccia with an awful lot of laughter and some barracking as well. I'm pleased to say the RED team won!!!!!!

On Nov 7th another afternoon of fun with tenpin bowling.

The trip on Nov 21st is to Webbs of Wychbold for some retail therapy or Christmas shopping leaving Sibford 9-55. Anyone wishing join us please call Sec. on 263460

Eveline Boughton



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- Early years grant registered

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Email: Julia@arknursery.net**





GREAT TASTE

Our Head Chef is **Sally Wass** this month with a mouth-watering soup recipe.....!

Spinach, Pea and Mint Soup

Ingredients

2 tablespoons olive oil
1 med onion (chopped)
1 garlic clove (crushed)
1/2 teaspoon cumin
1 lb spinach
8 oz peas
2 tablespoons fresh mint
1 1/2 pints veg stock
grated nutmeg
seasoning



1. Heat oil, add onion, garlic and cumin. Fry gently 10 mins
2. Add spinach, peas, mint, stock cook 10 mins
3. Liquidise
4. Add nutmeg and seasoning

Freezes well. Serve with a swirl of cream

Learn to paint !

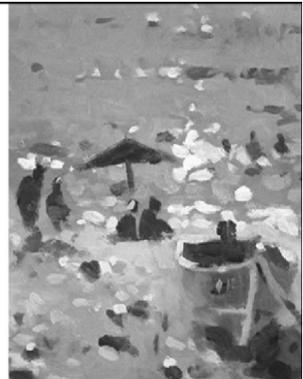
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SIBFORD BUS SERVICE

JOHNSONS SERVICE 3A

STRATFORD - SHIPSTON ON STOUR
 THE SIBFORDS - BANDBURY
NO SERVICE ON SUNDAYS

New times start Monday 5th June 2017

	NS	H			SO
Stratford, Wood Street	06.15	09.05	16.05
Stratford, Bridge Street	06.17	09.07	16.07
Newbold on Stour	06.31	09.22	16.22
Clifford Chambers New Inn
Shipston Tilemans Lane	09.37	11.25	13.25
Shipston on Stour, opp Pettiphers Garage	06.40	09.40	11.38	13.38	16.30
Lower Brailes, The Park	06.50	09.50	11.48	13.48	16.40
Sibford Ferris, School	07.02	10.02	12.00	14.00	16.52
Lower Tadmarton	07.12	10.12	12.10	14.10	17.02
Banbury Bus Station	07.25	10.25	12.23	14.23	17.15

Banbury Bus Station	10.40	12.40	14.35	17.25
Lower Tadmarton	10.53	12.53	14.48	17.38
Sibford Ferris School	11.03	13.03	14.58	17.49
Lower Brailes, The Park	11.16	13.16	15.11	18.05
Shipston on Stour, Pettiphers Garage	15.21	18.15
Shipston on Stour, opp Pettiphers Garage	11.28	13.28
Shipston Tilemans Lane	(11.25)	(13.25)	15.24
Clifford Chambers, New Inn	18.23
Newbold on Stour	15.33
Stratford, Bridge Street	15.51	18.38
Stratford, Wood Street	15.53	18.40

NS NOT SATURDAY
 SO SATURDAYS ONLY
 H via HALFORD



NEIGHBOURHOOD

WATCH

NEIGHBOURHOOD WATCH

Police Phone No. 101. Emergencies 999 Crimestoppers No. 0800 555111.
Trading Standards No. 0845 0510845.

November 2017 *Peter Hine 01295 788830*

TV alert re Autumn Evenings.

With summer at an end and the autumn nights drawing in, now is the time to think about your lighting. One of the cheapest ways to help prevent burglary is to make your home appear occupied whilst you are out, by the use of light timer switches. A table lamp with such a timer is quick and easy to set up, and consider having more than one in different rooms.

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CALENDAR OF EVENTS

NOVEMBER

- 1st - 'Ladies Coffee Get Together' - Wykham Arms - 11am
- 11th Sibford Village Hall 60th Birthday Celebration - 2pm
- 13th Open Morning - Sibford School - 9.45am
- 13th Sibford Ferris PC Meeting - Sibford School - 7.45pm
- 16th Sibfords Society - "Life after Richard III" - Village Hall - 7.30pm
- 23rd Sibford Gower Primary School Christmas Fayre - Village Hall - 12-7pm
- 29th Film Night: "My Cousin Rachel" - Village Hall - 7.30pm

DECEMBER (Part)

- 1st Christmas Fayre - Sibford School - 2-5.30pm

NOVEMBER BIN COLLECTIONS

- Green Tuesday: 14th; 28th
- Blue/Brown Tuesday: 7th; 21st

Unwanted clothing and shoes may be recycled anytime at the Textiles/ Recycling Bank at Sibford School Swimming Pool. Bottle banks at Sibford Ferris: Elm crossroads and Sibford Gower: Wykham Arms car park.

SIBFORD SCENE

DEADLINE FOR **DEC/JAN** ISSUE - 18 NOVEMBER 2017

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